

# *All Our Relations*

*A Photo Meditation by Deborah Barndt*



*Butterfly and flower*



*Ant and leaf*





*Mother tree and young plants*



*Trunk and sap*





*Seed and wind*





*Rocks and water*



*Tree trunk and mushrooms*





*Leaf and dye*



*Grass and medicine*





*Trees interacting with other trees*



*Humans eating wild peppers!*

*A photo meditation of the interactions in Nature  
I observed around Casa Brianna,  
the selva casita of Jorge Lozano and Alexandra Gelis  
near Jaco, Costa Rica  
December 2024*

*Inspired by an exercise  
embodying and contemplating Senshine  
in Flourishing Kin: Indigenous Wisdom  
for Collective Well-Being  
by Yuria Celidwen*