

INTEGRATING FOOD JUSTICE INTO COMMUNITY PROGRAMS

June 3-19, 2015

Co-Facilitators: Deborah Barndt and Selam Teclu

Daily schedule:

8:30 – 12 (with 30 minute break at 10)

12- 2 lunch

2 – 5 (with 15 minutes break around 3:15 or 3:30)

Every class will begin with “Circling In” – an opening ritual by a participant and will close with a “Circling Out” – a reflection on the day

We will send a more detailed agenda for each day the night before, with specific readings and online resources

WEEK ONE: MAPPING OURSELVES, OUR COMMUNITIES, AND THE FOOD SYSTEM

Wednesday, June 3 – Mapping ourselves and our communities

Introduction to the course and to each other

Activity: Dig Where You Stand: Mapping our organizations and programs

Thursday, June 4 – Frameworks: From Food Enterprise to Food Sovereignty

Introduction of frameworks through films and readings

Activity: Where my country stands

Friday, June 5 - Mapping the Food System: Corporate and Food Sovereignty

Activity: Historical timeline

Lunch

Field research: Supermarket tour

Saturday, June 6 – Farmers’ Market

10- 12: Visit Antigonish Farmers’ Market

WEEK TWO: FOOD SOVEREIGNTY AND FOOD MOVEMENTS

Monday, June 8 – The Hands Behind the Food: Focus on Labour

Overview of food justice and food sovereignty –
Films on labour in the food system and migrant workers

Discussion of readings

Tuesday, June 9 – Urban Agriculture: Field Trip to Halifax

8:00 Leave for Halifax

Visit to community gardens and youth projects, lunch with food activists, guest speaker an Indigenous professor, photo voice exhibit with ethnic gardeners

Wednesday, June 10 – Global Food Movement

Film on “La Via Campesina in Movement...Food Sovereignty Now!”

Research of projects relevant to your organizational contexts

Discussion of readings

Thursday, June 11 – Cultural Tools for Food Sovereignty

Via Campesina manual: strategies in the Global South

Develop project proposals and potential tools

Theatre of the Oppressed workshop with Natalie Abdou

Friday, June 12 – Indigenous food sovereignty and spirituality

Films on Indigenous food sovereignty

Discussion of readings

Workshop with Mi'qmac artist Judy Googoo on native plants and spirituality

One-page outline of proposal due

WEEK THREE: COMMUNITY PROJECTS AND CULTURAL TOOLS

Sunday, June 14: Magic in the Kitchen: Our Collective Feast

Monday, June 15 – Call of the Spirit: Culture, Creativity and Change

Presentation of cultural tools

Online resources on how to, why and examples of each cultural form

Activity: Sharing project proposals for feedback and revision

Tuesday, June 16 – Imaging and Imagining: Food Activist Tools

Work on project proposals

Work on cultural tools

Wednesday, June 17 – Project presentations and feedback

Finish draft project proposals and cultural tools

Presentations of project proposals

Thursday, June 18– Project presentations and feedback

Presentations (continued)

Radio show or podcast on course learnings

Friday, June 19 – Gathering the Harvest: Evaluate and Celebrate

Synthesis and evaluation

Final paper due

Coady Graduation Ceremony

ASSIGNMENTS

30% Participation

Attendance

Active in discussions

Participation in hands-on activities (gardening, cooking, etc)

Design and facilitation of a daily ritual

30% Project development and presentation

Proposal for a food-related project in your organization
(includes use of cultural tools for activism)

June 5 – internet research on your country's history of food

June 12 – one-page draft proposal

June 15-16: discuss proposal with facilitators

June 17 and 18: present to participants for feedback to rewrite

40% Praxis paper (4 pages) – Due June 19

2 pages: What are the most important ideas and practices that you have learned that can you apply to your context and how?

2 pages: final project proposal based on feedback from draft and presentations